

risk factors:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

allergies:

\_\_\_\_\_

name \_\_\_\_\_ spouse \_\_\_\_\_

phone \_\_\_\_\_ EDD \_\_\_\_/\_\_\_\_/\_\_\_\_

G \_\_\_\_ P \_\_\_\_ DOB \_\_\_\_\_ blood type \_\_\_\_\_

base weight \_\_\_\_\_ height \_\_\_\_\_ BP \_\_\_\_/\_\_\_\_

second trimester checklist:

- childbirth education
- benefits of breastfeeding
- pediatrician
- resources
- father, family, siblings
- protein, iron
- weight
- rest, exercise
- body mechanics
- discomforts
- fetal movement
- hct, gtt, rhogam
- danger signs
- when to contact

date: \_\_\_\_\_ weeks this visit: \_\_\_\_ w \_\_\_\_ d last visit on: \_\_\_\_\_

fetal activity: \_\_\_\_\_

edema: \_\_\_\_\_ nutrition: \_\_\_\_\_ energy: \_\_\_\_\_

concerns: \_\_\_\_\_

discussion: \_\_\_\_\_

handouts given: \_\_\_\_\_

UA/lab notes: \_\_\_\_\_ weight: \_\_\_\_\_

GTT: y/n result: \_\_\_\_\_ H&H: \_\_\_\_\_ other: \_\_\_\_\_

diagnostic US: y/n findings: \_\_\_\_\_

BP/vitals notes: \_\_\_\_\_ Temp: \_\_\_\_\_ Pulse: \_\_\_\_\_

FHT notes: \_\_\_\_\_ Base: \_\_\_\_\_ Acc: \_\_\_\_\_

pelvic exam notes: \_\_\_\_\_

abdominal exam notes: \_\_\_\_\_



next visit on \_\_\_\_/\_\_\_\_@\_\_\_\_m